



## EMU ONCE AGAIN APPEARS ON THE TIMES HIGHER EDUCATION LIST



U.K. based higher education ranking magazine Times Higher Education (THE) announced the 2018 – 2019 Academic Year World University Rankings. 1,258 universities from 79 different countries were listed in THE 2018 -2019 World University Rankings and once again Eastern Mediterranean University (EMU) from the Turkish Republic of Northern Cyprus (TRNC) is the only university from TRNC appearing on the said list. Thus, having been listed in the World University Rankings for the 3rd time since the 2017 Academic Year, EMU maintains its outstanding success.

Expressing his honor and pride in EMU's remarkable achievement, EMU Rector Prof. Dr. Necdet Osam stated that EMU ranks within the 601-800 Band in the world rankings of the said list. Putting forth the fact that success is

never a coincidence and EMU continues to grow and improve, Rector Prof. Dr. Necdet Osam concluded his words by saying that EMU is the best in education throughout the island and one of the bests in the world.

Some of the best world universities including Oxford, California Institute of Technology, Stanford, Cambridge, MIT, Harvard and Princeton also featured on the list. The ranking considers factors such as teaching, research, knowledge transfer and international outlook, citations from academic publications, international faculty, number of international students, social activities and civic involvement. EMU is the first and only Turkish Cypriot university to appear on the list. This year only 18 out of the 200 universities in North Cyprus and Turkey were listed.

### **EMU Proves that Boundaries in Education Have Been Lifted Universally**

Once again with its success, EMU has once again proven in international platforms that education overcomes embargoes. Having appeared in the Turkish Universities category in the previous lists during the former rankings, EMU now features in THE World Rankings list for the first time as a Northern Cyprus university. EMU also takes pride in being the only university from TRNC having been listed in the World University Rankings since 2016 – 2017 Academic Year.

### **EMU Ranks 6th Along with İTU and METU among Turkish Universities**

A total of 23 universities from Turkey and 2 universities from South Cyprus appear on the list. EMU has been listed within the top 13 universities from Turkey among other 1,000 Turkish universities and it co-ranks 6th

along with İstanbul Technical University and Middle East Technical University. Sabancı University, Koç University, Bilkent University, Boğaziçi University, Hacettepe University, İstanbul Technical University, Middle East Technical University, Anadolu University, Atılım University, Erciyes University, Gebze Technical University, İstanbul University, Akdeniz University, Ankara University, Bahçeşehir University, Çukurova University, Dokuz Eylül University, Gazi University, İzmir High Technology Institute, Marmara University, 19 Mayıs University, TOBB Economy and Technology University, Yeditepe University are universities from Turkey managing to appear in the said rankings. On the other hand, Cyprus Technology University and University of Cyprus from South Cyprus appear within the top 500 universities in the list.

# EMU DR. FAZIL KÜÇÜK FACULTY OF MEDICINE WELCOMES NEW STUDENTS



Eastern Mediterranean University (EMU) Dr. Fazıl Küçük Faculty of Medicine organized The Opening Ceremony of the Academic Year 2018 – 2019 and First Lecture on the 24th of September, 2018 at 09:00. The ceremony took place at the conference hall of EMU Dr. Fazıl Küçük Faculty of Medicine.

EMU Dr. Fazıl Küçük Faculty of Medicine Dean Prof. Dr. Nahide Gökçora, academic staff members, students, families and Marmara University Faculty of Medicine Department of Cardiology Lecturer Prof. Dr. Osman Yeşildağ, who delivered the traditional First Lecture, were amongst the attendees of the ceremony. The Opening Ceremony of the Academic Year 2018 – 2019 and First Lecture began with Stand in Silence and Turkish National Anthem. After the faculty promotion film screening, 2nd and 3rd year medicine students gave a music concert for the attendees.

The opening speeches of the ceremony were given by EMU Dr. Fazıl Küçük Faculty of Medicine Dean Prof. Dr. Nahide Gökçora and Faculty Student Representative Çağın Şehit. Prof. Dr. Gökçora wished

good luck for the students who made a step to the life of being a medic and stated that they will carry the white coats they wear now with pride and honor. Prof. Dr. Gökçora mentioned that the faculty is entering its 7th Academic Year and carried its education quality to an international level with the certificates such as World Directory of Medical Schools (WDOMS) / Educational Commission for Foreign Medical Students (ECFMG). Prof. Dr. Gökçora also asked the students to stay friends with the white coat which is the main symbol of the profession and recommended the students to spare time for art, sports and nature. In his speech, Çağın Şehit addressed to new students and said that they will go through a tough education process, however at the end they will be successful doctors in order to help thousands of people. Şehit mentioned that the faculty is providing education with fully equipped materials and they have the chance to meet with experts at the events that take place.

## 70 Students Wore White Coats

After the opening speeches, Prof. Dr. Gökçora and EMU



Dr. Fazıl Küçük Faculty of Medicine faculty members clothed the white coats of 70 students. After the cocktail that had been prepared for socializing with new students and the faculty members, the ceremony continued with the First Lecture of Marmara University Faculty of Medicine Department of

Cardiology Lecturer Prof. Dr. Osman Yeşildağ titled, "Mind-boggling Developments in the Past 40 Years at Cardiology Field". Prof. Dr. Gökçora presented a plaque to Prof. Dr. Yeşildağ for giving the First Lecture and the ceremony ended with faculty promotion tour for the new students.

## EMU FACULTY OF PHARMACY COMMEMORATES THEIR STUDENT SHILAN



Eastern Mediterranean University (EMU) Faculty of Pharmacy is mourning for the tragic loss of their 5th term student late Shilan Hassanzadeh Bazaz. Shilan was fighting with cancer. The commemoration ceremony took place at the EMU Faculty of Pharmacy Green Hall on 27th September 2018 Thursday, at 11:00. Her friends, loved ones, Faculty of Pharmacy students, academicians and administrative personnel as well as EMU Rector Prof. Dr. Osam were amongst the attendees of the ceremony. The ceremony began with a Stand in Silence for Shilan. In his speech, Prof. Dr. Osam stated that they

are very unhappy because of the loss of Shilan and paid condolences for her loved ones.

### One of the EMUPSS Founders

In his speech, EMU Faculty of Pharmacy Dean Prof. Dr. Mustafa Fethi Şahin mentioned that Shilan was a very active student and she was amongst the founders of the EMU Pharmacy Students Society (EMUPSS). Stating that Shilan had a very nice and humble personality and wished her to rest in peace. In his speech, EMU Faculty of Pharmacy Lecturer Assoc. Prof. Dr. Hayrettin Ozan Gülcan said that they are very

unhappy for losing Shilan as her family in Turkish Republic of Northern Cyprus (TRNC) and reminded that Shilan was a very successful student.

Shilan's term friend and EMU Faculty of Pharmacy 2017-2018 Academic Year Fall Graduate Ali Rajabzade said that Shilan was a very active and full of life. Rajabzade stated that Shilan was participating in a lot of social groups such as EMUPSS and EMU Iranian Students Association, as well as charity projects in TRNC. Rajabzade said, "Shilan was a person who spoke 5 different languages and she always dreamed of

becoming a pharmacist to serve the humanity. I request EMU to realize Shilan's dream and prepare a symbolic diploma for her family."

### Diary Prepared

After the speeches, a movie considering Shilan Hassanzadeh Bazaz's pictures was shown. At this moment, the ones in the conference hall could not prevent their tears. Afterwards, her loved ones wrote their best memories with Shilan to the diary prepared to be sent to her family. EMU Rector Prof. Dr. Necdet Osam also wrote a passage to the diary.

## EMU RESEARCH ASSISTANT DELIVERS PRESENTATIONS AT INTERNATIONAL CONFERENCES



Eastern Mediterranean University Cyprus Policy Center (EMU-CPC) Research Assistant Devrim Şahin participated at a number of conferences and delivered presentations. Devrim Şahin went to Prague city of the Czech Republic for the conference of European International Studies Association (EISA) titled "12th Pan-European Conference on International Relations: 'A New Hope: Back to the Future of International Relations'" and delivered a presentation titled "The Range of International Law between Stability and Flexibility."

The conference took place at Economy University between 12th and 15th September 2018. Secondly, Devrim Şahin went to Krakow city of Poland for the conference of Jagiellonian University titled "2nd Jagiellonian Interdisciplinary Security Conference". Jagiellonian University is known to be found in 1364. In Krakow, Şahin made a presentation titled "Reconstruction of Security Complexes in the Middle East". Devrim Şahin's presentations received great attention.

## EMU STUDENTS ENJOYED MUSTAFA SANDAL CONCERT



The “Welcoming Night” of the 21st Orientation Days was completed with a number of entertaining events and Mustafa Sandal concert. The main sponsor of the event was Kuzey Kıbrıs Turkcell. EMU Rector Prof. Dr. Necdet Osam, Vice Rector for Academic Affairs Prof. Dr. Halit Tanju Besler, Vice Rector for Financial Affairs Prof. Dr. Sevin Uğural, Vice Rector for Student Affairs Prof. Dr. Sonuç Zorlu Oğurlu, Vice Rector for Administrative and Technical Affairs Prof. Dr. Naciye Doratlı, senate members, academicians, students and society of Famagusta were amongst the attendees of the glorious night.

The “Welcoming Night” that was organized for celebrating the newly registered students began at 19:00

at the EMU Stadium. After EMU Cyprus Folk Dance Community show and EMU Music Club – Abandoned Town concert, the students enjoyed Mustafa Sandal concert, one of the Turkey’s popular singers. Mustafa Sandal was on stage for approximately 1.5 hours.

### EMU Rector Presented a Plaque to Mustafa Sandal

EMU Rector Prof. Dr. Necdet Osam presented a plaque to Mustafa Sandal on the stage for entertaining EMU students and the people of Famagusta. Prof. Dr. Osam called out to the newly registered students and said, “Firstly, I would like to thank Mustafa Sandal for this magnificent concert. Our new coming students; welcome to Turkish Republic of Northern Cyprus and EMU. Thank

you for preferring us. Make sure that you study a lot in these four years ahead of you, and attend all social activities that are prepared for you, alongside with your classes. I wish you have a great year of study.” Mustafa Sandal also thanked EMU Rector Prof. Dr. Necdet Osam and said, “If you accept me, I am a voluntary EMU student as well. I wish all the students a very successful academic year.” Mustafa Sandal then sang his favorite songs for the enthusiastic crowd titled “Reset”, “Aya Benzer Yüreğim”, “Demo”, “Onun Arabası Var”, “İsyankar”.

Moreover, Faculties, Schools and Student Clubs promotions, various sports contests, stage shows and recreation events took place at the “Welcoming Night”. Rector Prof.

Dr. Osam and Vice Rectors visited booths and the event zone. New students and their families had the opportunity to try traditional Cypriot food in addition to meeting and socializing with other students, under the sponsorship of Koop Süt Ltd., Oza Kahve, Pınar and Coca Cola.



## AEGEE MAĞUSA MEMBERS VISITS EMU RECTOR



The European Students' Forum Mağusa (AEGEE Mağusa) operating under Eastern Mediterranean University (EMU) Social and Cultural Activities Directorate, is preparing to participate at the general assembly of AEGEE titled "AGORA". In this context, the AEGEE Mağusa members have visited EMU Rector Prof. Dr. Necdet Osam in order to exchange ideas considering the AGORA meeting. The visit had taken place in Rector's Office on 28th September 2018 at 10:00. AEGEE Mağusa members stated that they are preparing a file to apply for AGORA 2019 Fall General Assembly to take place in EMU. Prof. Dr. Osam expressed his happiness about this idea and told AEGEE Mağusa members that they are fully supported and all necessary actions will be taken in order for EMU to host this event.

## CULTURE TOURS TOOK PLACE DURING EMU 21st ORIENTATION DAYS



Eastern Mediterranean University (EMU) 21st Orientation Days hosted various cultures and promotion tours for the newly registered students and their families. Easing the adaptation process of the students to the environment and the university was aimed by the events. To promote

Turkish Republic of Northern Cyprus (TRNC) and EMU, Famagusta tour on the 21st of September 2018, Nicosia and Kyrenia tour on the 22nd of September 2018 and Karpaz tour on 23rd September 2018 were organized.

**1,500 People Attended**  
The culture tours organized

within the 21st Orientation Days, hosted approximately 1,500 students and their families. 700 people attended to Famagusta tour where they visited Namık Kemal Dungeon, Lala Mustafa Paşa Mosque, Othello Castle and Famagusta Walled City. 1,000 people with 20 buses attended to Nicosia and Kyrenia tour

and visited Selimiye Mosque, Büyük Han, Bandabulya Bazaar, Yiğitler Burcu, Ledra Palace, Kyrenia Harbour, Kyrenia Castle and Bellapais Monastery. 850 people with 17 buses attended to Karpaz tour where they visited Apostolos Andreas Monastery and Golden Beach.

## 29th SEPTEMBER

# WORLD HEART DAY NOTICE FROM EMU

Eastern Mediterranean University (EMU) Faculty of Health Sciences Dean Prof. Dr. Mehtap Malkoç published a notice regarding 29th September World Heart Day. Prof. Dr. Malkoç stated:

World Heart Day firstly celebrated on 24th September 2000 and now it is organized to create awareness every year about the heart diseases and stroke causing 17.1 million people to die every year around the World. World Heart Federation members are announcing to the whole World that, in case of controlling of the risk factors such as tobacco use, unhealthy diet and lack of physical activities, can decrease 80% of the deaths caused by heart diseases and stroke.

This year's theme for the World Heart Day is "My Heart, Your Heart". In the twentieth century, the increase of the education and income levels, the change of the dietary habits and the control of contagious diseases caused the increase at human life period. The increase of the elderly population against youth population caused the health problems in the society to switch from childhood diseases to age-related noncontagious diseases. Cardiovascular diseases are consist of; coronary heart diseases, cerebrovascular diseases, hypertension, peripheral artery disease, rheumatic heart diseases, congenital heart diseases, heart failure and cardiomyopathy. The development of heart

and vein sicknesses are mainly developed by; use of tobacco, lack of physical activity, unhealthy nutrition that can cause obesity and also can lead to sicknesses such as diabetes, hypertension and dyslipemia. The aim of protection from heart and vein diseases is, situations of fatal or nonfatal atherosclerotic heart and vein, decreasing of complications and percutaneous or surgical revascularization, increasing of life quality and extending of the length

prevent catching heart and vein diseases. These risk factors are primarily use of tobacco, unhealthy nutrition, physical inactivity, use of alcohol, excess-weight and obesity, hypertension, high blood sugar or diabetes.

Nowadays cardiac rehabilitation and secondary prevention programs became an inseparable part of the medical care of cardiovascular patients. The positive effects of physical activity on prevention and

Inadequate Physical Activity has 20-30% more chances of mortality than individuals that conduct 30 minutes of moderate activity. In 2010, 23% of the adults that are 18 years old or older had Inadequate Physical Activity. Moderate physical activity of 150 minutes per week is accepted to decrease heart diseases with 30% and decrease 27% of diabetes risk. Multiple research has proven that, physical activity decreases all heart and vein diseases and fatality from coroner heart diseases. Physical activity has a key role on energy balance and weight control. Adding to these, physical activity fixes; loss of weight, glycemic control, blood pressure, lipid profile and insulin sensitivity. Because of the increasing automation and use of vehicles, Inadequate Physical Activity is seen more on workplaces in countries with a high-income level compared to countries with low-income level.



of life. Heart and vein risk evaluation and development of a treatment strategy is essential to reach this goal.

Heart problems does not occur abruptly. It is the result of accumulation of some negative effects. Therefore, cardiac rehabilitation should begin before the problems occur and risk factor analysis helps the organization of treatment program. The increase of awareness considering risk factors that causes heart and vein diseases are very crucial to

control of cardiovascular risk factors are clear. There are important duties for us health professionals about the control of risk factors and guiding of the individuals.

Inadequate Physical Activity, stands for activity for moderate activity (5 times and 30 minutes or less per week) or for heavy physical activity (3 times and 20 minutes or less per week). Approximately 3.2 million deaths are related to lack of physical activity each year. Individuals with

These patients should avoid inflexible exercise programs. The health, physical suitability, interest and time levels of each individual vary. Functionality, overloading principal and harmony has great importance whilst planning exercise. For this reason, the exercise programs should be personal and has to be provided by physiotherapists that takes the education for it.

Protect your heart and **HEARTS SHALL NOT BE SILENT ANYMORE!**

## EMU XII. SAND SCULPTURE FESTIVAL AND CONTEST TO TAKE PLACE ON 7th OCTOBER

The 12th of the traditional Eastern Mediterranean University (EMU) Sand Sculpture Festival and Contest, organized by EMU Department of Architecture, Department of Interior Architecture and EMU Design Club, will take place at EMU Beach Club on the 7th of October 2018, on Sunday between 10:00 and 18:00.

Everyone who are interested in the event that is now traditional and looked forward upon by the Cyprus society, can participate by forming groups. The event will prosper even more with the participation of students from all universities around the island. The festival brings a different excitement to the unique beauty of the beaches of Famagusta. The main goal of the event is to make use of the natural beauties of our country and create

alternative activities. It also provides a suitable platform for the youngsters to present their creativity by having fun in a healthy environment.

The Sand Sculpture Festival and Contest which is usually organized on May and June will take place at the beginning of October this year. Hereby, the event will be a warm welcome for all the new coming students. The Sand Sculpture Festival and Contest awaits everyone who would like to participate or spectate. Individuals who would like to participate at the event should contact with the page titled "EMU Sand Festival" on Facebook or call 630 11 39.

For more information, Facebook: EMU Sand Festival Tel : 630 11 39 E-mail: sandsculpture@emu.edu.tr



### This Week's Academic Publications

Source: Web of Science

#### Faculty of Engineering

1 - Reza Vatankhah Barenji, Mazyar Ghadiri Nejad, and Iraj Asghari. "Optimally sized design of a wind/photovoltaic/fuel cell off-grid hybrid energy system by modified-gray wolf optimization algorithm." *Energy & Environment* 29, no.6 (2018): 1053-1070.

#### Faculty of Business and Economics

1 - Mehmet Balçılar, Rangan Gupta, Duc Khuong Nguyen, and Mark E. Wohar. "Causal effects of the United States and Japan on Pacific-Rim stock markets: nonparametric quantile causality approach." *Applied Economics* 50, no.53 (2018): 5712-5727.

2 - Dilek Durusu Ciftci, Korhan K. Gokmenoglu,

and Hakan Yetkiner. "The heterogeneous impact of taxation on economic development: New insights from a panel cointegration approach." *Economic Systems* 42, no. 3 (2018): 503-513.

#### Faculty of Communication

1 - Agah Gumus, Fahme Dabaj. "Comparison of Comprehension and Remembering from the Lead and Body Parts of Online News." *Revista De*

*Cercetare SI Interventie Sociala* 62 (2018): 56-67.

#### Faculty of Education

1 - Agah Gumus, Fahme Dabaj. "Comparison of Comprehension and Remembering from the Lead and Body Parts of Online News." *Revista De Cercetare SI Interventie Sociala* 62 (2018): 56-67.



**Eastern Mediterranean University**  
"Virtue, Knowledge, Advancement"

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Eastern Mediterranean University,  
Famagusta / North Cyprus

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# Eastern Mediterranean University Expresses Sincere Thanks



**Ranked within the first 601- 800 Band amongst  
the 1258 Best Universities of the World**

Providing the best education in the island  
and being one of the best universities in the world,  
we share our happiness and pride with the EMU community.  
We thank our faculty, staff and students.



**Eastern Mediterranean  
University**

*"Virtue, Knowledge, Advancement"*