



EMU EXECUTES 2018-2019 ACADEMIC YEAR OPENING CEREMONY



Eastern Mediterranean University (EMU) 2018-2019 Academic Year Opening Ceremony took place on 5th October 2018 Friday, on 10:30, at Mustafa Afşin Ersoy Conference Hall. After the Stand of Silence and Turkish National Anthem, EMU Rector Prof. Dr. Necdet Osam has given the opening speech. Prof. Dr. Osam mentioned that the First Class is very important and it is a source of a new excitement and motivation. Prof. Dr. Osam stated that another reason of the excitement and happiness is that EMU is moving alongside the world in science and advances further by the great work of the EMU employees. Mentioning that the success at Times Higher Education (THE) World University Rankings continues for EMU, Prof. Dr. Osam also reminded that EMU is now a part of the international Magna Charta Universitatum. Prof. Dr.



Osam also stated that EMU is leaping forward in cooperation. Lastly, Prof. Dr. Osam declared that EMU will provide the necessary support on United Nations camp area to become a green field for the Gazimağusa city. Rome La Sapienza University Lecturer and Rector's Advisor Dr. Fabio L. Grassi provided the First

Class. Speaking in Turkish, Dr. Grassi stated that he is very happy to be in EMU and he is delighted for the cooperation between La Sapienza University and EMU. Dr. Grassi said, "It is thrilling to see the EMU's magnificent campus and modern structure. It is always a privilege for La Sapienza University to conduct cooperation with the reputable

EMU." Dr. Grassi then realized his presentation titled, "Ethics, Science and the Communal Duties of the Universities".

Turkish Republic of Northern Cyprus Deputy Prime Minister and Foreign Affairs Minister Kudret Özersay, Turkish Republic Embassy Undersecretary Yasin Temizkan, Iran University of Medical Sciences Representative Dr. Mehdi Moghtadaei, EMU Vice Rectors Prof. Dr. Halit T. Besler, Prof. Dr. Cem Tanova, Prof. Dr. Sevin Uğural, Prof. Dr. Naciye Doratlı and Prof. Dr. Sonuç Zorlu Oğurlu, Senate Members, academic and administrative personnel and students were amongst the participants of the opening ceremony. After the First Class presentation, Prof. Dr. Osam presented a silver plate to Dr. Grassi in memory of the event.

EMU "ARAF'TA YAŞAM" ART GALLERY OPENED BY PRIME MINISTER ERHÜRMAN



Eastern Mediterranean University (EMU) Rector's Office has organized an art gallery exhibition for 2018-2019 Academic Year Opening titled "Araf'ta Yaşam" which consists of the work of art of the EMU Art Collection Artists, on 28th September 2018, at 19:00, in Bedesten (Walled City – Lefkoşa). Turkish Republic of Northern Cyprus (TRNC) Prime Minister Tufan Erhürman, TRNC General Assembly Vice President Zorlu Töre, EMU Rector Prof. Dr. Necdet Osam, Vice Rectors, EMU-Center for Cyprus Studies (DAÜ-KAM) Art Coordinator and Exhibition Curator Zehra Şonya, academic and administrative personnel, artists, bureaucrats and the public were amongst the attendees of the event.

"We Are Planning To Make A Museum"

The event began with EMU Faculty of Education, Department of Fine Arts Education music concert. DAÜ-KAM Art Coordinator and Exhibition Curator Zehra Şonya made the opening speech of the event. Şonya stated that they would like to consolidate EMU and art even further and the art exhibition is a first for the university. Şonya mentioned that the title of the exhibition "Araf'ta Yaşam" stands for remaining in limbo and the artists had the opportunity to express the social problems we are facing in their own way. Şonya said, "We would like our exhibitions to become traditional and planning to make a museum that is worthy for the art of our island, with the valuable contribution of our artists in 4-5



years. We would like to thank all the artists and our Rector for their support of the art exhibition."

"393 Work of Art to Meet With Public"

In his speech, EMU Rector Prof. Dr. Necdet Osam stated: "Exhibitions play an important role for the harmonization of the university and public. For this reason, we decided to make the 2018-2019 Academic Year Opening with this art exhibition. We began collecting work of art a couple of years ago constitution of EMU and the number of work collected has reached to 393. All of these work of art are insured. However, these work of art that

are kept in certain places need to meet with the public. We require the support of the government in this sense. EMU needs necessary venues for opening these work of art to the public. We will constantly keep supporting art. On the other hand, we are proud to reach our aims on the world rankings in the area of academics. I would like to thank everyone who participated in the organization of this event."

"EMU Proven Itself on World Rankings"

In his speech, TRNC Prime Minister Tufan Erhürman stated that he is very happy to be present at the opening of this exhibition

as a member of EMU, and said: "It is not easy to remain on the limbo. Our art and artists are the factor for us breathing in comfort. Whenever it is said that we are under isolation, I remember our universities, scientists and artists. We see that EMU has significantly proven itself on the Times Higher Education (THE) World University Rankings. There was a great struggle for this and this struggle had been won. The number of universities, scientists and artists are so many in such a small population that these successes need to combine under one umbrella and turn into a success story. We can prove our existence if we work more and join forces. I would like to thank EMU Rector's Office, DAÜ-KAM and our artists who contributed to this exhibition." After the speeches, the art exhibition which attracted intensive attention was open to tour synchronized with a cocktail.

30 Work of Art Presented

30 Work of Art are presented at "Araf'ta Yaşam" Exhibition. Until today, EMU has signed a protocol with a total of 22 artists and incorporated 393 work of art into the EMU Art Collection. The artists who contributed to the exhibition are; Arif Albayrak, Aşık Mene, Bahar Çıralı, Batu Gündal, Eser Keçeci Malyalı, Gökçe Keçeci, Gönen Atakol, Haidi Trauthman, Hüseyin Özinal, İnci Kansu, İsmet Tatar, Kemal B. Caymaz, Mehmet Ulubatlı, Mustafa Öztunç, Nilgün Güney, Nilüfer İnandım, Osman Ketten, Serkan İlsever, Simge Uygur, Şenol Özdevrim, Taylan Oğuzkan and Türksal İnce.

EMU PARTICIPATES IN 2018-2019 ACADEMIC YEAR OPENING CEREMONY AT TURKISH PRESIDENTIAL COMPLEX



Eastern Mediterranean University (EMU) participated at the 2018-2019 Higher Education Academic Year Opening Ceremony organized by Council of Higher Education (YÖK). President of Turkey Recep Tayyip Erdoğan was also present at the ceremony.

The ceremony took place at Turkish Presidential Complex, Beştepe Millet Congress and Culture Center on the 3rd of October, 2018 on Wednesday. EMU Rector Prof. Dr. Necdet Osam, Vice Rector for Academic

Affairs Prof. Dr. Halit T. Besler attended the Opening Ceremony.

The First academic awards in the history of higher education titled “YÖK Outstanding Success Awards”, found their owners for the second time at the ceremony. All the university rectors, related ministries, institution presidents, ambassadors, state protocol and some academicians and students were present at the ceremony. The ceremony hosted approximately 2,000 people.

EMU RECTOR PROF. DR. NECDET OSAM PARTICIPATES IN TELEVISION PROGRAMS



Eastern Mediterranean University (EMU) Rector Prof. Dr. Necdet Osam attended to some Turkish Republic of Northern Cyprus (TRNC) television programs. Prof. Dr. Osam has issued some statements considering higher education and provided information about EMU.

Prof. Dr. Osam was the guest of a television program titled “17. Saat” which is presented by Pembe

Paşaoğulları on BRT 1 HD television channel, on the 28th of September 2018, Friday. Prof. Dr. Osam also provided information about the current status of higher education and EMU on a television program titled “Haber Ajansı” which is presented by Hıfısiye Ruh on SIM TV, on the 1st of October 2018, Monday, and also on “Serhat İncirli ile Günaydın Kıbrıs” on the 2nd of October 2018, Tuesday on Kanal T.

EMU ATTENDED NIGERIA INDEPENDENCE DAY RECEPTION IN ANKARA

Eastern Mediterranean University (EMU) Vice Rector for Financial Affairs Prof. Dr. Sevin Uğural and Vice Rector for International Affairs and Promotion Prof. Dr. Cem Tanova has participated in a reception organized for the celebration of Nigeria Independence Day at the Nigeria's Embassy for Turkey in Ankara. During the event, EMU

representatives held official talks considering the further development of relationships between Nigeria and EMU at the reception which was organized on the 1st of October, 2018. EMU Vice Rector's Office for International Affairs and Promotion Representative Ahmed Kasım Abdillahi was also amongst the participants of the event.



GREAT SUCCESS FROM EMU GRADUATE AND GUEST LECTURER ASSIST. PROF. DR. ALİ ÖVGÜN

Eastern Mediterranean University (EMU), Arts and Sciences Faculty, Department of Physics PhD graduate and also a current visiting academician of Physics Department for 2018-2019 academic year Assist. Prof. Dr. Ali Övgün received a momentous award on journal refereeing: Publons 2018 Refereeing Award. Web of Science (WoS) operating under Clarivate Analytics Company, is a world-renowned academic journal indexing and analyzing organization. On the other hand, Publons is an organization responsible for recording and evaluating Referees who analyze the publications sent to high quality journals that are scanned by WoS. Assist. Prof. Dr. Ali Övgün successfully evaluated many publications that were sent to high quality Physics journals during 2017 - 2018 academic year. Moreover, with his success, Assist. Prof. Dr. Övgün managed to be listed amongst 1 percentile (1%) in Physics major all around the world. Therefore, Assist. Prof. Dr. Ali Övgün was granted an award by Publons. Stating his happiness and gratitude to be awarded with such



a meaningful and also a prestigious award, Övgün emphasized that not only having publications is not important for an academician but also doing refereeing in publication evaluations is vital. By saying that an award received brings a positive perspective to both its owner and also the owner's institution, Assist. Prof. Dr. Övgün added that "I wish this achievement to be beneficial for my university, EMU as well". After finishing his doctoral studies in EMU in 2016, Assist. Prof. Dr. Ali Övgün went to Chile (Pontificia Universidad Católica de Valparaíso)

to do post-doctoral research. Assist. Prof. Dr. Ali Övgün had the chance to be a visiting researcher in some of the very prestigious institutions during his post-doctoral research period; CERN theoretical Physics department in Switzerland, Waterloo University and Perimeter Theoretical Physics Institute in Canada, California State University Fresno and Stanford University and lastly, Princeton Institute for Advanced Study in the United States. Övgün also had the chance to work with some of the most famous Physicists in the world. Assist. Prof. Dr. Ali Övgün has a total



of 47 publications indexed by WoS and he attracted the attention in Gravitation and Cosmology Physics literature with his 20 publications in 2017.

GREAT SUCCESS OF PSK. DR. ÖZEYLEM FROM EMU - PDRAM



Dr. Fatos Özeylem, Eastern Mediterranean University Psychological Counseling Guidance and Research Center (EMU-PDRAM) Psychologist received "Early Career International Symposium Award" award

which was offered to only 10 psychologists selected from different countries by Japanese Psychological Association. As being the only one delegate from North Cyprus, the award has enabled the researcher

to attend the 82nd Annual Convention of The Japanese Psychological Association (24-28 September 2018) and to present her research at the "The Psychology of Globalization" symposium in Sendai, Japan. At the convention, Dr. Özeylem made an oral presentation titled as "Psychological Well-being, Romantic Attachment and Attitudes toward Divorce of Emerging Adults in Turkish Cypriot Community" and a poster presentation titled as "Investigating the Role of Parental Divorce on Attitudes toward Divorce among Turkish Cypriot Emerging Adults in a Mixed Methodology".

Dr. Özeylem conducted her research in EMU-PDRAM and The Centre for Applied Research and Assessment in Child and Adolescent Wellbeing (CARACAW), Roehampton University, UK. Dr. Özeylem expressed her happiness of being provided with this second award by Japanese Psychological Association after having "Emerging Psychologists Award" in 2016. Dr. Özeylem also expressed her honor of presenting data from Turkish Cypriot community by representing EMU in the convention in which Psychology was discussed in a global manner.

EMU'S QUALITY REPRESENTATIVES RECEIVED CERTIFICATE OF ACHIEVEMENT



Eastern Mediterranean University (EMU) Total Quality Management Center presented achievement certificates to EMU's Quality Representatives for successfully completing the Turkish Standards Institute (TSE) ISO 9001-2015 Quality Management System and ISO 10002-2014 Student Satisfaction Management System training programs. The certificate ceremony took place on 3rd October 2018 Wednesday, on 10:30, at EMU Rector's Office Senate Meeting Hall. EMU Vice Rector for International Affairs and Promotion Prof.

Dr. Cem Tanova, EMU Total Quality Management Center Director Hasan Kavaz, Kuzey Güneşi Consulting Firm Coordinator and Instructor-Consultant Latif Sakar and EMU quality unit representatives were amongst the attendees of the ceremony.

"A First"

The opening speech of the ceremony was given by Kuzey Güneşi Consulting Firm Coordinator and Instructor-Consultant Latif Sakar. Sakar mentioned that the documentation structure of EMU has improved sizably since 2015

and reached international standards and the quality certificates that EMU has obtained are a first in Turkish Republic of Northern Cyprus (TRNC) for both public and private institutions. In his speech, EMU Vice Rector for International Affairs and Promotion Prof. Dr. Cem Tanova mentioned that EMU's academic and administrative units are working with the philosophy of constant development. Prof. Dr. Tanova underlined the fact that EMU is once again showed the success as the only university from TRNC to be listed in England

based higher education ranking council Times Higher Education (THE) and said that criticism or suggestions for the university are very important opportunities for further development. Prof. Dr. Tanova thanked all the EMU quality representatives for their success on obtaining international quality standards. After the speeches, Prof. Dr. Tanova and Sakar presented a thank you and an internal supervision training certificate to EMU quality representatives.

ÖMÜR GEDİK GAVE A SPEECH ABOUT “ANIMAL RIGHTS” IN EMU



Eastern Mediterranean University (EMU) hosted journalist, artist and animal rights defender Ömür Gedik on 4th October 2018, Thursday at the event organized titled “Kampüsteki Candostlar” by Animal Welfare Club which operates under Social and Cultural Activities Center Directorate. Ömür Gedik gave a presentation here considering “Animal Rights Week”. Ömür Gedik has opened the photograph exhibition “Kampüsteki Candostlar” before the conference at the foyer area of the Social and Cultural Activities Center Directorate. She mentioned that the “Animal Friendly Campus” project of EMU has to be a great example for the other universities. Ömür Gedik was already informed about the Animal Friendly Campus Project

since she visited EMU last year for the same cause.

Importance of Animal Rights

At the conference which took place at EMU Activity Hall, Ömür Gedik informed the students and participants about animal rights and how to help animals in danger. Gedik also gave information about the association she found named “Haçiko” and

their work on protecting animals. Gedik mentioned that they are doing their best to close pet shops. Gedik also stated that protection of animals should not be only focused on cats and dogs, but also all other living beings. At the end of the conference, EMU Vice Rector for Student Affairs Prof. Dr. Sonuç Zorlu Oğurlu presented a gift made of traditional Lefkara Lace to Ömür Gedik.

TAKE CARE OF YOUR HEART, DO NOT LEAVE YOUR LOVED ONES EARLY



Every year the 29th of September is celebrated as “World Heart Day” since 2000. It is aimed to draw attention to cardiovascular diseases and to increase public awareness. This year’s theme was decided as “My Heart, Your Heart”. Within the scope of World Heart Week, Eastern Mediterranean University (EMU) Dr. Fazıl Küçük Faculty of Medicine Lecturer Prof. Dr. Osman Yeşildağ gave advices especially for people who live in Turkish Republic of Northern Cyprus (TRNC). Mentioning that cardiovascular diseases are the top fatal diseases in the world, Prof. Dr. Yeşildağ stated that the story of the patient is very important at diagnosis since cardiovascular diseases might be confused with stomach and lung diseases, saying that “EKG” and Effort Test are not always decisive. A more sensitive test called nuclear scintigraphy (heart scintigraphy) and lately Coronary Angiography accompanied with Catscan are the tests that are preferred. Catscan is very

easy for the patients and it is called as ‘bloodless angio’ within the public.”

“Reaching Ideal Weight is Important”

Prof. Dr. Yeşildağ sorted his suggestions for a healthy heart as followed: “The individuals who have weight problems should take the necessary precautions with diet and sports, and they need to reach their ideal weight. If there is a hypertension problem, the blood pressure needs to be balanced by using medication regularly. It is impossible to wipe off stress. Therefore, ways of coping with it should be learned and this would protect the individual from vascular diseases. According to recent research, some meditation types has a positive effect on decreasing the high blood pressure, decreasing smoking and alcohol consumption, balancing cholesterol and fat ratios, as well as the decreasing of psychosocial stress. If your father had a heart attack before 55 years old or your mother before 65 years old, it is possible that the family

has genetic susceptibility. If these individuals has weight, diabetes or hypertension problems, they should begin routine check-up after the age of 30 if they are smoking and after the age of 40 if they are not smoking. These individuals have to live an active life and should avoid physical inactivity.”

“Maximum 1.5 Tea Spoon of Salt”

Prof. Dr. Yeşildağ continued his statement as follows: “It is observed that, daily consumption of two glass of alcohol for men and one glass of alcohol for women is proven to prevent cardiovascular diseases and fatalities. However, excessive use is proven to be harmful. Every food should be consumed adequately and balanced. Use of oil should be limited and oil should never be used as rule of thumb but with scale. Fried food habits should be limited. Pastry and fast-food should be avoided. Table sugar and salt should be out of our lives as much as possible and 1.5 tea spoon of salt is the maximum amount that should be consumed.”

“Scalpels are no Longer Used”

Mentioning the importance of preventive medicine, Prof. Dr. Yeşildağ stated: “Families should be very careful if their children has a throat infection. It might develop to a cardiovascular disease. In the last 40 years, we have witnessed mind boggling developments in the cardiology field. Technology is now serving medicine. Today, we have removed the blade from surgeons. Nowadays, less patients are being dispatched to surgery. We observe a great decrease at cardiac valve and bypass surgeries. Especially with the foundation of medicated stents, surgical interventions has decreased significantly. The patients has a very long healing process after a surgery, meanwhile patients that are treated with stent, they are discharged from the hospital the next day. Only some extreme situations like aortic insufficiency requires surgical intervention. We will proceed even more in the future and also remove these surgical interventions with better ways of treatment by the help of the technology.”

EMU FACULTY OF DENTISTRY MADE A STATEMENT DUE TO INTERNATIONAL DAY OF OLDER PERSONS



Eastern Mediterranean University (EMU) Faculty of Dentistry celebrated the International Day of Older Persons and wished healthy and happy years to them. The following mouth and teeth health suggestions were made in the statement:

“Healthy, natural and functional mouth and teeth structure is one of the most crucial conditions of healthy ageing. The negative problems such as chewing, speaking, swallowing, palate and healthy diet that affects an old individual might cause; toothlessness, loss of teeth, corrosion of teeth, periodontal diseases caused by dental plaque, receding gums and cotton mouth. Mouth and tooth health problems are seen as a natural effect of ageing in our society. Our old people do not feel the necessity to go to dental check-up if there is no pain. However,

mouth and teeth health problems seriously damage life quality and also causes serious health problems.

Bacterial plaques are one of the major issues. Dental plaque and plaques that are formed by a large number of bacteria that sticks on the teeth or solid surface of the in-mouth are very harmful. Receding gums that are seen on old people might cause root enamel to come out and this might lead to the forming of an accumulation area where dental plaque can hold on to. The cotton mouth caused by medicines that are used or decreasing of saliva fluidity due to ageing also increases the bacterial plaque accumulation and also the risk of periodontal diseases.

Dental plaque control is provided by oral hygiene methods such as mechanic (toothbrush, dental floss,

interface brush) and chemical (mouthwash, toothpaste, gums). Brushing teeth ensures the plaque to be mechanically removed. Round headed, small and soft brushes are suggested for old people. Electronic tooth brushes are a good option for most of the people. Toothpastes that contains 0.5% phosphate fluoride, 0.4% stannous fluoride or 1.1% sodium fluoride are offered for the elderly people. Dental floss and interface brushes should also be included at mechanical hygiene. The old individuals who does not effectively perform the plaque control can use Chlorhexidine or Listerine mouthwash. Also chewing gum has a potential positive effect for mouth and dental health.

Prosthesis care is also important for elderly individuals. The prosthesis that are not cleaned well might change

color, also tartar collection and smell at some points. There are both mechanical and chemical methods for prosthesis care. For example; the brushing of the prosthesis, cleaning with pulvis, Klorhex and Fittydent cleaning agents might be used. Prosthesis should be cleaned at least once per day. The prosthesis that are kept in mouth all the time might rasp the gums. Therefore, the prosthesis should not be on the mouth for 24 hours. It has to be removed at least 6 hours per day to enable the breathing of the gums. Prosthesis should be preserved in a cup of water meanwhile it is out of the mouth. It is important that prosthesis is suitable with the structure of the mouth. Also, another important subject is the necessity of a dental checkup by a dentist at least once every three months.”

This Week's Academic Publications

Source: *Web of Science*

Faculty of Engineering

1 - Payam Zarbakhsh, and Hasan Demirel. “Low-rank sparse coding and region of interest pooling for dynamic 3D facial expression recognition.” *Signal, Image and Video Processing* 12, no.8 (2018): 1161-1618.

Faculty of Arts and Sciences

1 - Izzet Sakkallı, Kimet Jusufi, and Ali Övgün. “Analytical solutions in a cosmic string Born-Infeld-dilaton black hole geometry: quasinormal modes and quantization.” *General Relativity and Gravitation* 50, no. 10 (2018): 125.

2 - S. Habib Mazharimousavi, and M. Halilsoy.

“Regularization of the Reissner-Nordström black hole.” *The European Physical Journal Plus* 133, no. 9 (2018): 386.

3 - Amirhossein Fallah, Hayrettin Ozan Gülcan, and Mustafa Gazi. “Urolithin B as a Simple, Selective, Fluorescent Probe for Sensing Iron (III) in Semi-Aqueous Solution.” *Journal of*

fluorescence 28, no. 5 (2018): 1255-1259.

Faculty of Pharmacy

1 - Amirhossein Fallah, Hayrettin Ozan Gülcan, and Mustafa Gazi. “Urolithin B as a Simple, Selective, Fluorescent Probe for Sensing Iron (III) in Semi-Aqueous Solution.” *Journal of* *fluorescence* 28, no. 5 (2018): 1255-1259.



Eastern Mediterranean University

“Virtue, Knowledge, Advancement”

Management at
Eastern Mediterranean University,
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On behalf of
Eastern Mediterranean University
Prof. Dr. Necdet Osam, Rector

Supervisor
Prof. Dr. Cem Tanova,
Vice Rector,
International Relations and Promotion

Prepared by
Public Relations and Press Office

General Coordinator
Murat Aktuğralı,
Director (a.)
Public Relations and Press Office

News Coordinator
Burcu Sultan Betin,
Supervisor (a.)
Public Relations and Press Office

Layout
Müge Debreli
Yenilmez Ufuk Yılmaz

English Scripts
Umut Aybay/
Karl T. Maloney Yorgancı

Contact:
Famagusta, North Cyprus
Tel: 0392 630 1212
web: pr.emu.edu.tr