



A COLLABORATION FOR A CLEANER AYLUGA POND



With the collaboration of Eastern Mediterranean University (EMU), Famagusta District Governorate, Famagusta Municipality and Famagusta Women's Development Center (MAKAMER), the 'Ayluga Pond Cleaning Event' was held on October 11th, 2018 (Thursday) between 08:00 and 10:00. The event was given great support from Kemal Serpal (Famagusta District Governor, İsmail Arter (Mayor of Famagusta), Prof. Dr. Naciye Doratlı (EMU Vice Rector: Administrative and Technical Affairs), Prof. Dr. Sonuç Zorlu Oğurlu (Vice Rector: Student Affairs),

Çağan Coşkuner (Environmental Protection Department, Unit Manager), Sıdika Özdoğan (President of MAKAMER); and also from representatives from all organisations supporting the project and Namık Kemal High School students. 'Ayluga Pond Cleaning Event', organised within the scope of the preparation and execution of the 'Ayluga Wildlife Park' project, aims for the protection of the area, its use by the locals and its advertisement.

"Please Do Not Litter"

İsmail Arter, Mayor of Famagusta,

stated that this area is an opportunity for the locals of Famagusta to breathe; and continued: "Several projects have been developed for Ayluga Pond. Last year, the project prepared within the scope of a study collaboratively conducted by EMU and Famagusta Municipality has made a considerable progress. However, seeing this area covered in garbage saddens us deeply. We clean it but like other areas of Famagusta, people keep littering. Please keep the environment clean. I hope to never see this area in such a condition

again. I deeply thank everyone who contributed to this cleaning event".

"We need to collaborate"

Kemal Serpal, Famagusta District Governorate, emphasised the magnitude of the littering problem in our country. Serpal said: "Our efforts remain insufficient. Adults are the ones littering. We organised a campaign on September 15th, World Cleanup Day. With contributions from our municipalities and associations, we cleaned the traffic islands and their surroundings from the exit of

(devamı syf. 2)

EMU HOLDS THE FIRST CONTACT MEETING OF THE 2018-2019 ACADEMIC YEAR



Eastern Mediterranean University (EMU) Rector's Office held the first contact meeting of the 2018-2019 Academic Year on the 10th of October 2018 Wednesday, at 11:00 a.m., at EMU Rector's Office Senate Meeting Room. EMU Rector Prof. Dr. Necdet Osam, Vice Rector for International Affairs and Promotion

Prof. Dr. Cem Tanova, Vice Rector for Student Affairs Prof. Dr. Sonuç Zorlu Oğurlu, executive directors, department managers, administrators and unit supervisors were amongst the attendees of the meeting.

The opening speech of the meeting was delivered by EMU Rector Prof.

Dr. Necdet Osam. Prof. Dr. Osam stated that they will conduct these meetings once every month under the concept of transparent management. Prof. Dr. Osam thanked the personnel for their devoted work for the university and underlined that EMU will work in collaboration with all of its units to bring further

success to the university. In his speech, Vice Rector for International Affairs and Promotion Prof. Dr. Cem Tanova also mentioned that all units of the university have to work in harmony and continue to increase the quality of service provided to students. The meeting was finalized after a Q & A session.

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Famagusta to Aslanköy. Naturally, these works need to continue. We need to collaborate and inform the public about environmental cleanliness”.

“We Aim to Create Awareness”

In his speech, Famagusta Environmental Protection Department Unite Manager Çağan Coşkuner stated that their goal was to support non-governmental organisations and create awareness on environment; and continued: “Our environmental problem is a major one. Our aim is to get the locals accustomed to ‘not littering’.

In her speech, EMU Vice Rector for Administrative and Technical Affairs Naciye Doratlı expressed her happiness for EMU’s participation in this event. “We are preparing a project for Ayluga Pond, or as we call it, ‘Ayluga Wildlife Park’. The project is now in the finalisation phase. In this project, representatives from EMU, Famagusta Municipality, Famagusta District governorate, Environmental Protection Department and MAKAMER gather on each Friday and work on the matter. We observed that the garbage we can only



partially see at the moment is actually spread all around the pond. This event was organised to create awareness and announce the inception of our project. Neither Famagusta Municipality, nor EMU play any part in the exploitation of the pond or any other wetland areas. I thank all our voluntary participants”.

“Laws Need to Be Made with Sensitivity”

Sıkıda Özdoğan, President of MAKAMER said: it is very good that such problems are taken into consideration and such events are

organised in Famagusta and in our country. As MAKAMER, we support such projects. However, the permanent solution to this problem would include sensibility from our government officials and those in charge of our legislation and law enforcement. The laws should be enacted with a consideration for maintaining the ecological balance and in the future, the local authorities should take the responsibility of enforcing these laws maintaining the continuity of environmental cleanliness”.

CISCO SYSTEMS VISITS EMU

Eastern Mediterranean University (EMU) Vice Rector for Academic Affairs Prof. Dr. H. Tanju Besler received the Global Sales Manager Yalçın Yıldırım and Turkish Republic of Northern Cyprus (TRNC) Area Manager Yasemin Parla of Cisco Systems, a world-

renowned internet infrastructure corporation. The meeting took place on the 11th of October 2018 Thursday, at 12:00 p.m., at EMU Rector’s Office Board of Trustees’ Meeting Room. EMU Computer Center Directorate and TRNC Telecommunication

Department representatives were also amongst the attendees of the meeting. Here, the institution’s engineers that were successful on “CCNA Routing and Switching” training project received their certificates from Prof. Dr. Besler and Yalçın Yıldırım.



EMU FACULTY OF COMMUNICATION STUDENT BİRCAN AKÇAGİL EARNS FIRST PLACE



Bircan Akçagil, a third year student in Eastern Mediterranean University's (EMU) Faculty of Communication, Department of Visual Arts and Visual Communication Design, earned the first place and the right to partake in two exhibitions, at the Turkish Republic of Northern Cyprus (TRNC) Prime Ministry's Photography competition (for the

19-30 age category): 'Cultural Heritage'. This first-time held competition/exhibition, as part of the 2018 Europe Cultural Heritage Year Events, aims to help more people (especially the younger generation) discover our country's cultural heritage, develop an interest, enhance their knowledge and establish a sense of belonging to the land they live in.



EMU Faculty of Communication student Bircan Akçagil, was awarded first place for her piece called 'The Making of Hand-crafted Sele*' by the competition's panel including Kadir Kaba, İsmail Gökçe, Tijen Erol and Umure Örs. Akçagil also earned the right to display her two other photographs called 'The Making of Village Bread' and 'Carpet

Weaving'. With the slogan: 'Our Heritage: a Convergence of Past and Future', the combined opening/award ceremony of the competition was held on October 1st, 2018 (18:30) at Atatürk Cultural Center in Nicosia. The digital competition took place in two different categories: Category A for ages 12-18 and Category B for ages 19-30.

AEGEE FAMAGUSTA WAS REPRESENTED AT THE EUROPEAN STUDENTS' FORUM'S GENERAL ASSEMBLY



European Students' Forum (AEGEE) Famagusta, operating under Eastern Mediterranean University's (EMU) Social and Cultural Activities Directorate, attended the General Assembly of the European Students' Forum (AGORA) that is held twice each

year. During the General Assembly in İstanbul (2-6 October), AEGEE Famagusta was represented by 3 commissioners and 4 representatives with participant status. AEGEE Famagusta executed a full participation during both AEGEE's internal

election, and by using votes during the decision process for shaping the future's Europe. Europe Students' forum, one of the biggest interdisciplinary student and youth organisations of Europe, works to help young people integrate their cultures, aid them

in becoming active individuals and help form tomorrow's Europe by overcoming prejudice. AEGEE Famagusta has been active for over 20 years within EMU and a prominent force; since it is the first internationally accredited student and youth club of our country.

NEW EDUCATIONAL METHODS DISCUSSED AT EMU FACULTY OF ARCHITECTURE



Eastern Mediterranean University (EMU) Faculty of Architecture organized a seminar for faculty members on the 9th of October 2018 Tuesday, at 11:00 a.m., at A01 Alpay Özduration Conference Hall. The seminar titled “Advances in Distance Education: Models and Opportunities in Architecture Education” under the theme of “Life Long Learning” concept of the Faculty, was given by EMU Distance Education

Institute Director Prof. Dr. M. Yaşar Özden. Prof. Dr. Özden compared the conventional education methods and distance education methods of today.

“Flipped Classroom Model Evaluated”

Prof. Dr. Özden stated that the “Flipped Classroom” model which stands for an instructional strategy and a type of blended learning that reverses the traditional learning environment

by delivering instructional content, often online, outside of the classroom as a very effective at architecture education. Prof. Dr. Özden has given an example from a research conducted about a classroom with a rate of 50% failure before adapting the Flipped Classroom model. Prof. Dr. Özden stated that the failure was decreased to a considerable rate which was 19% after the method was executed. Prof. Dr. Özden gave information

about how Moodle and Office 365 applications are adapted to classes and underlined that blended learning (face to face and distance education) increases the success rates of the students considerably. After the Q&A session, Faculty of Architecture Dean Prof. Dr. Özgür Dinçyürek has presented a thank you plaque to Prof. Dr. Özden.

EMU FACULTY OF ARCHITECTURE STARTED THE NEW ACADEMIC YEAR WITH A SERIES OF ACTIVITIES



Similar to previous years, this year Eastern Mediterranean University’s (EMU) Department of Architecture is giving the start on the new academic year with several activities. The Faculty of Architecture celebrated the beginning of the new academic year with a warm faculty dinner that brought the academic and administrative personnel together. The event was organized by Interior Architect Dündar Özışlek, a successful graduate of

EMU’s Faculty of Architecture, and held place at Beckett Restaurant run by Architect Parnaz Ordooyi, another graduate of the Faculty. On the other hand, the Faculty, with the aim of accomplishing a successful academic term, majorly with the first year students, held a Student Projects Exhibition with the participation of all students and academicians. During the exhibition, to which the EMU Rector Prof. Dr. Necdet Osam also attended, Prof. Dr. Özgür Dinçyürek,

Dean at the EMU Faculty of Architecture made a speech. During his speech, the Dean expressed his happiness concerning the students returning to their home for the new academic year and wished everyone success for the upcoming term. After conversing with the Faculty members on their success in their works, projects and activities, Rector Prof. Dr. Osam expressed his satisfaction in the University’s successful acceleration among

the international ranking lists; and stated that they observed the Faculty’s studies within this scope with great admiration. Prof. Dr. Halit Tanju Besler (Vice Rector: Academic Affairs), Prof. Dr. Naciye Doratlı (Vice Rector: Financial Affairs), Assist. Prof. Dr. Arif Akkeleş (Rector’s Coordinator) and Assist. Prof. Dr. Müge Rıza (Technical Affairs coordinator) were among the administrative personnel who attended the event.

SPECIAL STATEMENT FROM EMU DR. FAZIL KÜÇÜK FACULTY OF MEDICINE ON WORLD BREASTFEEDING WEEK

Eastern Mediterranean University's (EMU) Dr. Fazıl Küçük Faculty of Medicine continues to inform the public on community health care and provide assistance regarding frequently asked questions in public health-related issues. During the first week of October, World Breastfeeding Week, activities will begin for drawing attention for the topic. There are many projects worldwide on incentivising breast milk. Paediatrician Dr. Bircan Kavaz, answered questions from Op. Dr. Didem Rıfki, lecturer at Dr. Fazıl Küçük Faculty of Medicine, on breastfeeding. Breastfeeding, essential for humans, acts as a cornerstone for community healthcare and when utilised properly, can prevent many contagious diseases, immune system diseases and psychological disorders. Dr. Kavaz emphasised the importance of breastfeeding and said: "There is a reason why this is emphasised so thoroughly, especially when there is a wide range of complimentary foods at the stores. Breastfeeding and the intake of mother's milk is the primal factor in children's growth and development. When it comes to infant or child health, nothing can replace breast milk. We can consider breast milk as the first vaccine; because, millions of children worldwide lose their lives because they are not breastfed".

"The Mother Should Breastfeed As Long As the Baby Desires"

Dr. Kavaz continued the time period, the per-day amount and manner of breastfeeding: "Unless there is a problem with the baby's growth or development, it should only be breastfed during the first 6 months of life. This should continue until the baby reaches 2 years of age. After 1 year, breast milk supplies 25% of the baby's nutrition needs. There are no regularities or periods for breastfeeding. The mother should

continue breastfeeding as long as the baby desires and she should continue breastfeeding except for the following situations: Open Cavity Tuberculosis (Consumption Disease), Heavy Depression, medicine intake, some chronic diseases and the use of medicine for chronic diseases.

"Children Fed With Follow-up Milk Are Prone to Obesity"

Dr. Kavaz talked about how breastfeeding should be stopped and continued: "At first, the mother should stop breastfeeding during daytime. Later on, she can stop feeding at nights as well. Breastfeeding increases the child's resistance against allergies, asthma, upper respiratory infections, diabetes and several metabolic diseases. In C-section, just like natural birth, the mother and the baby should be brought together within the first hour. The mother should be persistent. Even if they are not directly presented, the harmful effects of follow-up milk exist, especially since they prevent breastfeeding. Children fed with follow-up milk are prone to obesity; because, a baby that is breastfed can stop the entire process on their terms".

"Baby Should Not Fall Asleep on Breast"

Dr. Kavaz gave information about milking and breast-feeding's superiority over baby's bottle, stating "Breast-feeding is very important on the first two months for the development of mother-baby bonding. Also, it has been proved that the self-confidence of the children who are breast-fed are more than the other children. If the breast-feeding is conducted with the right technique, sleeping problems, difficulties in falling asleep and addiction to breast are prevented. The baby should not fall asleep on the breast. There should be a time between breast-feeding and falling asleep. The superiority of human milk against cow's milk is major. Human milk is rich

in proteins. The growth factors and immune system elements that it contains, makes the baby more resistant to infections. Growth and development is supported by the growth factors and this protects the child from metabolic diseases."

"Better Development of Intelligence on Breast-Fed Babies"

Dr. Kavaz also talked about if the breast-fed babies are more intelligent than others and if breast-feeding hinders the correct diet of the child, stating "There is no evidence on the breast-fed baby being more intelligent, however it is thought so. Because the growth factors are very important for the neuromotor development on the first 1,000 days beginning from pregnancy to the baby being two years old. On the other hand, the flavors of human milk are natural flavors so the child becomes more accustomed for supplementary food. Breast-feeding should also be approached by the mother as well as the child. Firstly, the environment has a significant effect on the mother. Especially, discourses such as 'Your milk is not enough' or 'The baby is still hungry' are pushing the mother to use follow-on milk and supplementary food. Secondly, the mother becomes anxious about her not being able to be separated from the baby since the life is a lot freer for the baby without breast-feeding. At the same time, there are worries about body deterioration."

"The Person Breast-Feeding Must Not Smoke nor Drink"

Dr. Kavaz also gave statements about if breast-feeding restrains gynecological diseases, said: "Breast-feeding ensures the body of the mother to recover much faster after giving birth. It has effects on healing of the uterus and increasing of the speed of metabolism. Also there are many studies about it preventing breast, uterus, cervical, ovary cancers

and post climacteric osteolysis. The mother and breast-fed child relationship is much stronger than others. There are a lot of positive effects of breast-feeding on mother's psychology. The breast-feeding is as much satisfying as for the mom in psychological means as it is for the baby. The person breast-feeding must not smoke nor drink." Dr. Kavaz also underlined the importance of the father's relationship with breast-feeding and stated: "The father should take an active role during breast-feeding, should help positioning and feed the needs of the mother during breast-feeding. Also, it is very important for him to motivate the mother. Of course, this can be ensured with a healthy family structure."

"Breast-Feeding Leaves are Inadequate"

Dr. Kavaz spoke about encouraging the society to breast-feeding, said: "Unfortunately, Turkish Republic of Northern Cyprus (TRNC) is an underdeveloped country on this matter. I sadly express that, the comebacks to work after giving birth is too soon. Breast-feeding leaves are inadequate. At other countries, the mothers can take more time off work and the presence of kindergartens at work makes it all easier for the mother. In our country, the mother is expected to be back after 40 days and puts the babies and fathers under stress. Breast-feeding is being pushed to the background and the mother begins to use follow-on milk and supplementary food. The baby who is in need of its mother is being separated from the mother for long hours. The mother-child bond becomes harmed greatly and the health and psychology of the society is jeopardized. Unhealthy society begins from here. It is very important that this matter is re-evaluated."

EMU'S XII. SAND SCULPTURE FESTIVAL AND COMPETITION HAS ENDED



EMU's traditional and annually held 'Sand Sculpture Festival and Competition', collaboratively organised by the Faculty of Architecture, Department of Interior Architecture and EMU Design Club, was held this year for the 12th time on October 7th 2018, Sunday between 10:00 – 18:00 at EMU's Beach Resort (Beach Club) in Famagusta. Prof. Dr. Sonuç Zorlu Oğurlu (Vice Rector: Student Affairs), Prof. Dr. Naciye Dorathlı (Vice Rector: Administrative and Technical Affairs), Prof. Dr. Özgür Dinçyürek (Faculty of

Architecture, Dean) and Prof. Dr. Uğur Dağlı (Department of Interior Architecture, Chair) attended the event along with hundreds of other participants.

A Display of Creativity

Many people participated in groups to this traditional event which, the people of Cyprus each year look forward to. Enriched especially by the participation of students from different universities, the event has brought upon a different excitement to the unparalleled beaches of Famagusta, like it

has done so for years. The event, which utilises the natural beauties of our country to pave the way for alternative activities, has created a platform for everyone, especially for youngsters, to enjoy themselves in a healthy manner and demonstrate their creativity. Usually held in May or June, the Sand Sculpture Festival and Competition was held at the beginning October this year. Thus, the festival created the opportunity for a warm welcome for the students who freshly arrived at our island. While creating their

sculptures in their own sections, the participant groups also had the opportunity to enjoy the beautiful weather and of course, the sea. The participants also got to dance to the upbeat music during the DJ performance and enjoy themselves. The winners of the entertaining 12. EMU Sand Sculpture Festival and Competition, which also hosted several creative works, were 'Sand Man and Woman', 'Crocodile Tears', 'Daliler', 'Astana – ENU' and 'Mad Max 2'.

EMU FACULTY OF BUSINESS AND ECONOMICS ORGANIZED A "WELCOMING PARTY" FOR ITS STUDENTS



Eastern Mediterranean University (EMU) Faculty of Business and Economics organized a "Welcoming Party" both for the new students who have registered to the faculty during the 2018-2019 Academic year and for the current students. The event aimed to provide a social environment bringing together new students and current students, as well as

Faculty staff. The event took place at the garden of Faculty of Business and Economics on the 11th of October 2018 Thursday, at 13:00. Food and beverage were served to the attendees of

this colorful and social activity. Newly registered students received information about the university campus, faculty and life in Famagusta from the current students and faculty staff.

EMU FACULTY OF HEALTH SCIENCES HAS MADE A STATEMENT CONCERNING OCTOBER 6TH CEREBRAL PALSY AWARENESS DAY

The Paediatric Rehabilitation Unit, a sub-division of Eastern Mediterranean University's (EMU) Faculty of Health Sciences, Physiotherapy and Rehabilitation Department Wellness Center put forward a statement on October 6 Cerebral Palsy Awareness Day. The statement included the following: Cerebral palsy is the most frequently encountered childhood period disability. There are 17 million people in the world who live with cerebral palsy and therefore, 350 million are in touch with this condition. Cerebral palsy is a permanent condition mainly effecting the individual's ability of motion. It is a complicated condition and in addition to movement, it can affect other bodily functions. For example, one fourth of all children with cerebral palsy are unable to speak and half of them suffer from mental disorders. This is a life-long condition and a definitive treatment does not exist.

October 6 Cerebral Palsy Awareness Day aims to become the voice of children and adults suffering from this condition. Cerebral Palsy Awareness Day first began in 2012 in America and Australia by the 'Change my

world in 1 minute' project of the cerebral palsy associations. At the end of this project, about 500 ideas were presented from around the world. Among these ideas, an idea chosen belonged to Alper Sirvan, a cerebral palsy patient from Turkey, and thus, a solar-powered wheel chair model was developed. Sirvan's idea was brought to life by the University of Virginia. Following the diagnosis, the families immediately start looking for treatment options and learn that even though a definitive treatment is lacking, physiotherapy and rehabilitation is the primer approach in providing the patient with independence and an increased quality of life. In accordance, the role of physiotherapists for children with cerebral palsy is of utmost importance. Despite the possibility of multiple interactions with several medical professionals, the mainly effective method is 'movement'; and it is the one physiotherapy program families will need and will not neglect. During the physiotherapy and rehabilitation process of this condition, which results from the interactions of the brain, the brain's plasticity is used. Since the brain's



plasticity ability is at its strongest during infancy, starting as early as possible is considered to be most beneficial for the patient. In other words, the importance of an early response with physiotherapy is being emphasised more and more with each passing day. Not only babies already diagnosed with this condition, but also the ones under risk (premature, low-birth weight babies etc.) should be examined by a physiotherapist as a precaution or for saving time. As the EMU Faculty of Health Sciences, Physiotherapy and Rehabilitation Department family, we constantly interact with children or adults who are patients of cerebral

palsy. As children's physiotherapists, we aim to develop their movement abilities with the latest knowledge and good equipment. Additionally, we work as a team, with units such as the cardiopulmonary unit and prosthesis - orthesis unit, to eliminate possible complications that may accompany cerebral palsy. As physiotherapists, we aim and achieve, through the utilisation of different approaches, making the necessary environmental adjustments to create an environment where children with cerebral palsy can move better. As a result, we get to increase the life quality of a significant part of society and add meaning to their lives.

E-BOOKS TO BE DISCUSSED AT EMU ÖZAY ORAL LIBRARY



Eastern Mediterranean University (EMU) Özay Oral Library, the Cyprus Turkish Librarians Association and the Turkish Librarians Association will organize a panel about electronic books. The panel titled "E-Book: E-Opportunity? Or E-Threat? Turkish Content in E-Books and SWOT Analysis" will take place at EMU Özay Oral Library Auditorium, on the 19th of October 2018 Friday, at 09:00 a.m. The electronic information services, publications on digital environment and

electronic library services will be discussed at the panel.

Reading Culture to be Mentioned

The opening speeches of the panel will be given by EMU Rector Prof. Dr. Necdet Osam, EMU Özay Oral Library Director and the Cyprus Turkish Librarians Association President Osman Soykan and the Turkish Librarians Association President Ali Fuat Kartal. After the opening speeches, the Opening Conference will

take place. The Opening Conference titled "E-Book: Reading Culture, Education and an Evaluation Considering the Libraries" will be provided by Hacettepe University Information and Document Management Department Lecturer Prof. Dr. Bülent Yılmaz. With the completion of the Opening Conference, the panel will be moderated by Yüzüncü Yıl University Library and Documentation Unit Manager and Anatolian University Libraries Consortium (ANKOS) Member of the Board of Directors İsmail Çetinkaya. The speakers of the panel will be Atılım University Library and Documentation Department Manager Emre Hasan Akbayrak, İstanbul Teknik University Library and Documentation Department Manager Göknur Aslan and Gündoğan/Sam Publishing House Owner Eren Gündoğan. Between 12:00

– 12:50, the presentations of sponsoring companies' (Hiperkitap, Mango, Vidobu) representations will take place.

"Everyone Interested May Join"

According to the statement made by the EMU Özay Oral Library, it has been said: "Our library will host a vocational panel which aims to improve the occupational development of the librarians who work at the libraries in our country especially about electronic library services. The panel will include electronic publishing, electronic books and Turkish electronic books. The Hiperlink Publishing and Videbu companies operating in Turkey became the sponsors of the panel. Our guests from Turkey who will participate in our panel as speakers are important people in their fields. Everyone that are interested in our panel are free to join."

PSYCHOLOGICAL ADAPTATION OF INTERNATIONAL STUDENTS RESEARCHED AT EMU



Eastern Mediterranean University (EMU) Faculty of Arts and Sciences, Department of Psychology academic staff member Senior Instructor Ariel M. Ladum İpekçioğlu is conducting a research study titled “Cultural Distance, Acculturative Stress, Social Support and Psychological Adaptation of International Students”. The research was conducted from the end of May to early September 2018. This research defined international students as all students who do not have Turkish-Cypriot citizenship, including students from

Turkey. 267 students studying in undergraduate English-medium programs participated in this research. 62 were from Northern Cyprus, 105 were from Turkey, and 100 students were from other countries.

“Stress Related to Financial Dissatisfaction”

The research included two outcome measures: 1) the stress students experienced from adapting to North Cyprus and 2) positive and negative emotional responses to being in North Cyprus. Results indicated that, overall, international students had more negative emotional responses to being in North Cyprus than did students from North Cyprus. Specific findings showed that cultural distance—the level of difference students felt between their home cultures and the culture of North Cyprus—was not related to either stress or their emotional responses. However, more financial dissatisfaction predicted higher levels of stress

while more social support predicted lower levels of stress. Expectations international students had of North Cyprus prior to arrival predicted both their stress and their emotional responses such that if their expectations were not met, they experienced more stress and more negative emotional reactions.

“Expectations Not Met”

International students who experienced more stress also exhibited more negative emotional reactions to North Cyprus. Both relationship status and Turkish proficiency predicted emotional responses, albeit not in the expected directions: being in a relationship predicted more negative responses to North Cyprus as did being more fluent in Turkish. While English proficiency was unrelated to both stress and emotional responses to the host country, the role of Turkish proficiency produced contradictory results in that a higher proficiency predicted both more social

support but also more negative emotional responses.

“Turkish Language Training Pre-Arrival”

While more research is needed to clarify these findings, specific recommendations can be made to improve psychological adaptation outcomes among international students at EMU. These recommendations include creating realistic expectations of the university and the country before international students arrive by organizing pre-departure orientation programs, providing advanced Turkish language training to non-Turkish speaking international students, offering different forms of financial support such as work-study programs, and expanding the mental health resources available as well as making them more accessible in multiple languages. Any questions or information may be delivered to the researcher at ariel.ladum@emu.edu.tr.

This Week's Academic Publications

Source: Web of Science

Faculty of Business and Economic

1 - Mehmet Balcilar, Shawkat Hammoudeh, and Elif Akay Toparli. “On the risk spillover across the oil market, stock market, and the oil related CDS sectors: A volatility impulse response approach.” *Energy Economics* 74 (2018): 813-827.

2 - Dervis Kırıkkaleli, and Vedat Yoruca. “Economic Risk Linkages Between Israel and Middle East Countries.” *Panaeconomicus* 65, no.4 (2018):427-440.

Faculty of Arts and Sciences

1 - Maryam Norouzbahari, Emine V. Burgaz, Tugba Ercetin, Amirhossein Fallah, Alireza Foroumadi, Loghman Firoozpour, Mustafa F. Sahin, Mustafa Gazi, and Hayrettin O. Gulcan. “Design, synthesis and characterization of novel urolithin derivatives as cholinesterase inhibitor agents.” *Letters in Drug Design & Discovery* 15, no. 11 (2018): 1131-1140.

Faculty of Pharmacy

1 - Maryam Norouzbahari, Emine V. Burgaz, Tugba Ercetin, Amirhossein Fallah, Alireza Foroumadi, Loghman Firoozpour, Mustafa F. Sahin, Mustafa Gazi, and Hayrettin O. Gulcan. “Design, synthesis and characterization of novel urolithin derivatives as cholinesterase inhibitor agents.” *Letters in Drug Design & Discovery* 15, no. 11 (2018): 1131-1140.

Faculty of Turizm

1 - Osman M Karatepe, Ugur Yavas, Emin Babakus, and George D. Deitz. “The effects of organizational and personal resources on stress, engagement, and job outcomes.” *International Journal of Hospitality Management* 74 (2018):147-161.



Eastern Mediterranean University

“Virtue, Knowledge, Advancement”

Management at
Eastern Mediterranean University,
Famagusta / North Cyprus

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